

Bowling Green Purple Striders 5K Run/Walk

Sponsored By: Bowling Green Cross Country Boosters.
Benefits BGHS Cross Country Program.
www.purplestriders.org

Place: Bowling Green High School, 1801 Rockingham Lane, Bowling Green, Ky.

Date: Saturday, July 26th, 2008

Time: 6:30 AM – Registration (up until race time)

7:30 AM – 5K Run

8:00 AM – 2 mile walk (no jogging/running will be allowed)

8:30 AM – Awards

Age Groups

12 & under 35-39

13-15 40-44

16-19 45-49

20-24 50-54

25-29 55-59

30-34 60 & up

Entry Fee: \$10.00 before July 18th
\$12.00 Day of Race (Student/Cross Country runner \$10)

Course: Flat and Fast road course. RRCA Certified #KY02001EM
View the course at www.bgrr.com

Awards: All preregistered entrants will receive a colorful short sleeve T-shirt. Extra T-shirts will be available on a first come, first-served basis. Trophies will be given to the overall and master winners (both male and female) in the 5K run and to the winners of the 2 mile walk. Medals/awards will be given to the top three finishers in each age group in the 5K run and to the top five finishers (male and female) in the 2 mile walk.

Information:

Make checks payable to: Bowling Green Purple Striders. Send all checks and entries to: Matt Hamilton, 277 Westwood Avenue, Bowling Green, Ky. 42103

Name: (last) _____ (first) _____
Address: _____ Phone: _____
City: _____ State: ___ Zip: _____ Age: _____
Sex: ___ T-Shirt size: S ___ M ___ L ___ XL ___ Please check: 5K Run ___ Walk ___
Bowling Green School Employees: Please indicate your school or department: _____

Entry Fees are non-refundable. In consideration of my entry, I myself, my executors, administrators, and assignees, do hereby release and discharge the city of Bowling Green and the sponsors for all claims of my participation in said athletic event. I attest and verify that I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate in this event.

Signature: _____

Parent or Guardian (if under 18): _____

Note: The 2 mile walk will have the same start/finish line as the 5K, but it will only include one loop. If you arrive after the 7:30 AM 5K start time, please use the first school driveway once you turn off Westen onto Rockingham and come around behind the school building to avoid the race course and blocked streets.